

Area Agency on Aging 1-B



An innovative program designed to support family caregivers:



Expert guidance on preventing falls, managing challenging behaviors during cognitive decline, and more.



Facilitated **peer-to-peer support groups** and webinars.



Online article transferable to printed materials to make caregiving more accessible and effective for you.



Access to professional-level healthcare training tailored to your specific care situation.

It's time for caregivers to get the support they need to succeed!

Visit ageways.trualta.com today for access to this free platform!



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