



# MI OPTIONS LONG-TERM OPTIONS COUNSELING

Our certified Person-Centered Options counselors provide free, one-on-one support to help you connect with long-term care programs, and supports in your community. Personalized, free, unbiased help from a local nonprofit.



## WHAT WE OFFER



### EXPLORE CARE OPTIONS

We help you understand available programs and services and eligibility.



### PERSONALIZED ACTION PLAN

We help you create a step-by-step care roadmap based on your needs.



### FREE & CONFIDENTIAL

No cost. Just support.

**WE'RE HERE TO HELP  
YOU FEEL CONFIDENT  
ABOUT THE FUTURE.**

Appointments last about 90 minutes and include follow-up support.



**(248) 262-0545 (Local Program, Direct Line)  
(800) 803-7174 (MI Options Statewide Call Center)**



**MIOptionsCounseling.org**

*This project has been made possible through a grant awarded to AgeWays Nonprofit Senior Services by the Michigan Department of Health and Human Services.*