



Helping Seniors and Their Families

We provide programs and resources that give older adults and family caregivers the extra support they need. Whether it's in-home care programs, Meals on Wheels, help with transportation, help with understanding your care options, or support for family caregivers, we are here — for the seniors of southeast Michigan and for you.

Serving Livingston, Macomb, Monroe, Oakland, St Clair, and Washtenaw counties.



800-852-7795



AgeWays.org

**The Area Agency on Aging 1-B
is now AgeWays!**



The Support Seniors Need to Remain at Home

We know there's no place like home, and our programs are designed to help older adults to stay living in the community — with safety, independence, and dignity. We are ready to help. Talk to one of our caring, knowledgeable Resource Specialists.

- **Options counseling/community referrals**
- **In-home care programs**
- **Meals on Wheels and community dining**
- **Caregiver support and respite**
- **Transportation options**
- **Medicare counseling**
- **Health and wellness programs**
- **Legislative advocacy**
- **Long Term Care Ombudsman program**
- **Mental health counseling**



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