



Caregivers: We've Got Your Back

We know that caring for an older loved one can be hard. It's often filled with long days, lengthy to-do lists, difficult decisions, and big emotions. That's why we've developed a suite of no-cost programs that can give family caregivers the guidance, knowledge and support they need.

Serving Livingston, Macomb, Monroe, Oakland, St Clair, and Washtenaw.



800-852-7795



AgeWays.org

**The Area Agency on Aging 1-B
is now AgeWays!**



Support For Family Caregivers



Workshops and Classes

Learn practical caregiving skills and how to manage stress.



Trualta Online Platform

Trualta delivers know-how in small, easy-to-digest bites.



Respite Care

Programs that help caregivers take a well-deserved break.



800-852-7795



AgeWays.org

