

# Support to Help You Stay Independent

The program offers different kinds of help to different people. The services you receive will depend on your needs. We will work with you (or anyone who helps take care of you) to understand your situation. We will then develop a care plan and put services in place. All of the services are designed to help you stay living at home and in the community.

## Services Can Include:

- In-home help
- Respite care for family caregivers
- Personal emergency response systems
- Help finding resources



Area Agency on Aging 1-B



## About AgeWays

AgeWays Nonprofit Senior Services (the new name for the Area Agency on Aging 1-B) is a community organization that provides programs and resources that give older adults and family caregivers the extra support they need.

Whether it's in-home care programs, Meals on Wheels, help with transportation, help understanding your care options, or help for family caregivers, we're here for the seniors of southeast Michigan and for you.

We provide services in Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties.



**AgeWays.org**  
**800.852.7795**

The Area Agency on Aging 1-B is now AgeWays!

Area Agency on Aging 1-B



## Community Living Support Services:

*Assistance to Help Seniors Live at Home or in the Community*



**AgeWays.org**



**800.852.7795**





## Help and Support for Older Adults

*Our Community Living Support Services are an umbrella of services that give older adults the extra support they need to stay living at home or in the community. These services are funded by state and federal dollars, and available to people 60 or older who live in our six-county region, which includes Livingston, Macomb, Monroe, Oakland, St. Clair, and Washtenaw counties.*

*There is no cost. We may ask for a contribution to help offset the costs for the care provided. Contributions are voluntary and do not impact services provided. This means you will still receive services if you do not provide a contribution.*

### Some Services May Have a Wait

We prioritize serving those who need support the most. This means there may be a wait for services even if you meet all of the qualifications.



## Community Living Support Services



### In-home Support

These are services in your home to help with everyday activities you may no longer be able to do for yourself. This can include keeping your home tidy, preparing meals, running errands, medication management, and transportation.

The types and level of in-home support you receive will depend on your situation and care needs.

- ✓ You must be 60 or older and in need of support to stay living in the community.



### Emergency Response Systems

This wearable pendant has a button you can push in case of an emergency to connect to a call center that can send help. It can help you stay safe at home, even if you live alone.

- ✓ You must be 60 or older and at risk for falls.



### Family Respite Program

This program can help family caregivers, caring for an older loved one who would benefit from a few hours off each week. The older adult can receive care at home or at an adult day center to give the family caregiver a break.

- ✓ The person receiving care must be 60 or older, need help caring for themselves, and have a loved one who provides unpaid care.



### Help Finding Other Resources

No matter what kind of services you're getting, we will work with you to help you find other programs or resources in the community.



**Call us at 800.852.7795 to get started today!**