

Direct contact with your legislators is one of the most effective ways to communicate your needs and inform law makers about issues affecting you and your community.

Ageways Nonprofit Senior Services is committed to enacting policy change that positively impacts older adults, caregivers and families.

Area Agency on Aging 1-B



**Monroe
County,
your voice
matters!**

EFFECTIVE WAYS TO CONTACT YOUR LEGISLATORS

Person Visit

Schedule an appointment in advance or attend coffee hours with your legislator. Offices are indicated in the following pages



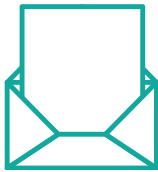
Virtual Visit

Virtual meetings should be scheduled directly with a staff member.



Letter

Include your full name and address when sending mail to your legislator so staff can provide a response. MI State Legislators' addresses are indicated on the final page.



Email

Email addresses are provided on the pages that follow. In your email, please include your full name and mailing address.



Phone

A phone call is a quick and easy way to contact your legislator. Phone numbers are provided in the following pages.



Virtual Visit



Many legislators have public social media pages where they share information and interact with their constituents.



U.S. CONGRESS

	United States Senator Sen. Ellissa Slotkin (D)	www.slotkin.senate.gov SH-825B/C Hart Senate Office Building Washington, DC 20510 Phone: (202) 224-2512
	United States Senator Sen. Gary Peters (D)	https://www.peters.senate.gov/ Hart Senate Office Building Suite 724 Washington, DC 20510 Phone: (202) 224-6221
	United States Representative 5th District Rep. Tim Walberg (R)	walberg.house.gov 2266 Rayburn HOB Washington, DC 20515 Phone: (202) 225-6276

MICHIGAN SENATE

	Senate District 15 Sen. Jeff Irwin (D)	SenJIrwin@senate.michigan.gov Office: 5100 Binsfeld Lansing, MI 48909 Phone: (517) 373-2406
	Senate District 16 Sen. Joseph Bellino Jr (R)	SenJBellino@senate.michigan.gov Office: 5300 Binsfeld Lansing, MI 48909 Phone: (517) 373-5932

Michigan House



**House
District 28**
Rep. Jamie Thompson (R)

JamieThompson@house.mi.gov
Office: House Office Building, 7-792
Lansing, MI 48909
Phone: (517) 373-1772



**House
District 29**
Rep. James DeSana (R)

JamesDeSana@house.mi.gov
Office: House Office Building, 7-793
Lansing, MI 48909
Phone: (517) 373-0475



**House
District 30**
Rep. William Bruck (R)

williambruck@house.mi.gov
Office: House Office Building, 7-794
Lansing, MI 48909
Phone: (517) 373-7768



**House
District 31**
Rep. Reggie Miller (D)

ReggieMiller@house.mi.gov
Office: N-795 House Office Building
Lansing, MI 48909
Phone: (517) 373-0159

Monroe County Board of Commissioners

Monroe County District 1 David C. Hoffman dhoffmandist1@gmail.com	Monroe County District 2 Mark Brant mbrantdist2@gmail.com
Monroe County District 3 Dawn Asper dasperdist3@gmail.com	Monroe County District 4 Jay Heinzerling jheinzerlingdist4@gmail.com m
Monroe County District 5 Brian Lamour blamour_dist5@monroemi.org	Monroe County District 6 David Vensel dvenseldist6@gmail.com
Monroe County District 7 David Swartout dswartoutdist7@gmail.com	Monroe County District 8 Greg Moore, Jr. gmoorejrdist8@gmail.com
Monroe County District 9 J. Henry Lievens henrylievens@gmail.com	

Need to find your district?

Find Your Senator

www.senate.michigan.gov/

Find Your House Representative

house.mi.gov/#findarepresentative

Find Your Congressional Member

htwww.congress.gov/find-your-member

By Phone:

Contact the County Clerk's Office at:

[734-240-7020](tel:734-240-7020)

Monroe County

Send a Letter to Your Senator

NAME

Post Office Box 30036

Lansing, MI 48909

Send a Letter to Your House Representative

NAME

Post Office Box 30014

Lansing, MI 48909