



Creating a Community of Care



2022 ANNUAL REPORT

ABOUT US

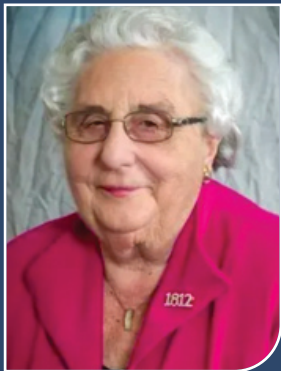
Established in 1974, the Area Agency on Aging 1-B (AAA 1-B) is a nonprofit 501(c)3 organization with a rich history of supporting older adults, adults with disabilities and family caregivers in southeast Michigan. We are part of a national network of Area Agencies on Aging and a leader in aging services in a six-county region that includes Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties.

Mission

Enhance the lives of older adults and adults with disabilities in the communities we serve.

Vision

Independence and well-being for all.



In Memoriam: Floreine Mentel

The Area Agency on Aging 1-B was saddened by the loss of longtime supporter and advocate, Floreine Mentel. Mentel was a part of the agency's makeup for 20 years—serving terms on both our Advisory Council and Board of Directors and receiving our Sandra K. Reminga Lifetime Achievement Award in 2016. She was a tenacious advocate who was deeply committed to the seniors we serve.

2022 Board of Directors

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Carol Weidenbach
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Dear Friends and Colleagues,

The challenges of the past few years have helped reinforce what we have always known at the Agency – community and connection are critical. This past year, we have continued to innovate, lead, and reach out to build and reinforce the community of support and connection that the older adults, people with disabilities, and family caregivers in our region need.

We are proud of what we have accomplished in 2022. We have created and strengthened unique and innovative programs to help family caregivers receive the respite care and support they need. We've also met the needs of vulnerable seniors still facing challenges due to Covid. Using a grant from the state of Michigan, we delivered over 5,000 gift bags, containing practical items and booster information to seniors in low-income housing.

We have returned to the community full strength. Our health and wellness program resumed in-person workshops and classes, while our Medicare Medicaid Assistance Program (MMAP) volunteers returned to libraries, senior centers and other community venues for in-person Open Enrollment counseling and Medicare Saving Programs enrollment events.

We have increased our footprint and our impact. Calls to our Information and Assistance Resource Center increased by 5% in 2022, while our website traffic increased by 35%. This increased reach helped us deliver services to more than 108,000 people in 2022 through our direct programs and contracted services.

We have faced challenges, too. The ongoing shortage of direct care workers made it difficult to fully deliver care in our clinical programs. We're not alone. It's an issue faced by organizations across the country. We've pushed ourselves to innovate and think creatively to address this challenge. We've had successes. We added 15 organizations to our vendor pool and developed a Center of Excellence within our Clinical Department for staff to share knowledge and ideas. Finding new and innovative ways to deliver quality care to our clinical participants will remain a focus in 2023.



Dr. Michael Karson
President and CEO



Jeff Chang
Chair, Board of Directors

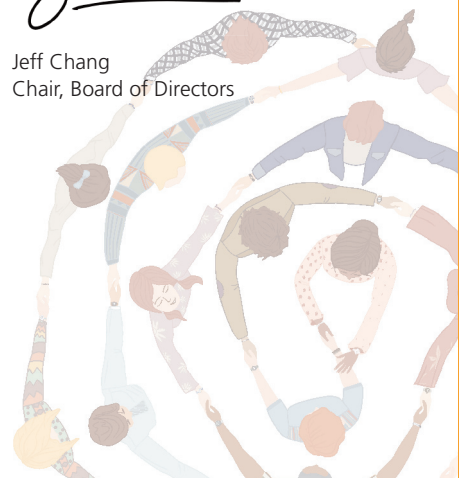
Our leadership, board of directors, advisory council, staff and community partners are proud of our accomplishments and the part we've played in creating a stronger community for the older adults, people with disabilities and family caregivers we serve.

We are stronger together.

Thank you for your support and dedication,

Dr. Michael Karson
President and CEO

Jeff Chang
Chair, Board of Directors



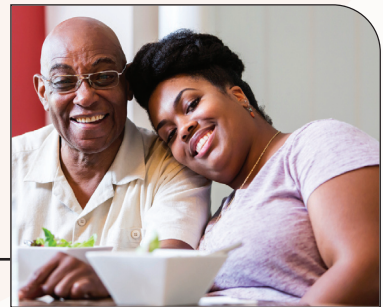
Building Innovative Supports for Family Caregivers



Our Caregiver Coaching program continued to grow. This unique program matches family caregivers with a trained volunteer coach who helps them find resources, work through challenges and feel supported. An evaluation performed in 2022 helped quantify the program's value. The survey found that enrolled caregivers experienced a decrease in frequent feelings of stress and felt more supported and connected to resources.

A \$327,000 grant awarded by the Michigan Health Endowment Fund and the Ralph C. Wilson Fund will help us make much-needed respite care more accessible for family caregivers. This innovative program will provide caregivers with funds that can be used for respite care. Caregivers will be allowed and encouraged to use these funds to pay family and friends already in their trusted circle. It will give caregivers the flexibility they need to access critical help and support, even during an ongoing direct care worker shortage. The program will launch in the fall of fiscal year 2023.

We also realigned our Community Living Program to better support family caregivers. The program's new Family Respite offering uses Older Americans/ Older Michiganians funding to give eligible family caregivers access to respite care either at home or in an adult day setting. This approach recognizes that family caregivers are a key support for many vulnerable older adults, and gives them the support they need to help older adults stay living at home in the community.



Strengthening Community Partnerships



We trained 334 members of the community on how to be a better "Dementia Friend" to people with dementia they encounter in their daily life. Our workshops included members of senior centers, neighborhood groups, religious organizations and local businesses. The class helped these community members understand the role they can play in making sure that people living with Alzheimer's or dementia receive the empathy, understanding and support they need while out in the community.

We celebrated 50 years of the Meals on Wheels Program. We worked with local media to highlight the critical role that the Meals on Wheels Program has played in helping homebound seniors remain at home and in the community for a half century. We work with 11 Meals on Wheels providers across our six-county region.



The Oakland County Blueprint for Successful Aging – developed by the Area Agency on Aging 1-B in partnership with the Oakland County Board of Commissioners – was **honored with a 2022 Achievement Award** from the National Association of Counties. The Blueprint provided potential solutions to identify and respond to gaps in senior services around the county.

FY2022 Programs and Services

Clients	Provided by Contracted Organizations	Units
162	Participated in Adult Day Care	40,074
1,809	Received Chore Services	2,365
11,554	Received Outreach through Community Liaison Program	16,119
1,659	Benefited from Elder Abuse Prevention Education	2,220
8,853	Received a Congregate Meal	245,581
11,622	Received a Home Delivered Meal	2,047,029
128	Benefited from Grandparents Raising Grandchildren Services	982
66	Received Hearing Assistance Services	3,117
693	Benefited from Home Injury Control Devices	2,466
3,460	Received Legal Services	14,396
485	Received Help through Volunteer Caregiver Programs	18,157
Clients	Provided by the Area Agency on Agency 1-B	Units
3,786	Supported by a Long-Term Care Ombudsman	5,873
1,228	Enrolled in MI Choice	4,611,686
617	Received Services through the Community Living Program	474,296
65	Enrolled in Community Care Management	66,770
808	Served through the Veterans Administration HCBS	355,038
44,281	Called for Information and Assistance	25,043
228	Received Long-Term Care Options Counseling	228
323	Participated in Evidence-Based Health and Wellness Programs	3,757
10,962	Counseled via our MMAP Program	- -
5,277	Called our Myride2 Program	- -
108,066 individuals were helped by the Area Agency on Aging 1-B and our community partners.		

Financial Statement

Statements of Revenue, Expenses and Changes in Net Assets

Year Ended September 30, 2022

Revenue and support:

Federal grants	\$ 14,892,652
State grants	43,129,069
Fee for service	17,077,630
County support	333,374
Gifts and grants	227,315
Contributed nonfinancial assets	1,433,384
Investment income	65,671
Total revenues	771,159,095

Expenses

Program services:

MI Choice Medicaid Waiver	30,787,043
Aging and Adult Services	24,866,282
MI Health Link	14,524,119
Medicare Medicaid Assistance	515,076
Other programs	2,692,320
Total program services	73,384,840

Supporting services:

Management and general	3,050,483
Total Expenses	76,435,323

Net assets beginning	8,945,649
Net assets ending	\$ 9,669,421

FUNDRAISING:

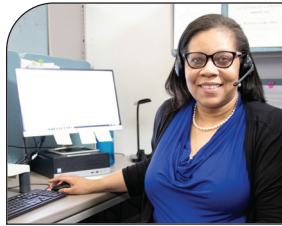
Thank you to our donors for contributing \$117,143 to help seniors in our community.

RESOURCE DEVELOPMENT:

The agency received \$726,239 in grants to support seniors and family caregivers in FY2022.



Area Agency on Aging 1-B Programs



Information and Assistance – (800) 852-7795

The AAA 1-B Resource Center, staffed by certified Alliance of Information and Referral Systems (AIRS) Resource Specialists, provides comprehensive information, assistance and outreach regarding services and agency programs for older adults, adults with disabilities and their families.

MI Choice Home and Community Based Medicaid Waiver Program

The Medicaid Waiver Program, funded by the Michigan Department of Health & Human Services, provides services for adults age 65 years and over and adults with disabilities, to help them remain living in the community instead of a nursing facility.

Community Living Program

The Community Living program helps provide in-home services such as personal care and homemaking to help older adults, 60 and older, remain living in their own home or chosen place of residence for as long as possible.

Michigan Medicare Medicaid Assistance Program – (800) 803-7174

MMAP is Michigan's State Health Insurance Counseling Program and, through highly trained volunteer counselors, helps local Medicare beneficiaries or their families understand Medicare and Medicaid, compare or enroll in Medicare coverage and apply for programs including Medicare Savings Programs and Extra Help to reduce the cost of Medicare for lower-income beneficiaries.



MMAP

MICHIGAN MEDICARE/MEDICAID
ASSISTANCE PROGRAM

Navigating Medicare



Myride2 – (855) 697-4332

Helps seniors and adults with disabilities in Oakland, Macomb, Washtenaw, and Wayne counties find affordable, appropriate transportation. Myride2 also provides travel training to help seniors and adults with disabilities learn how to use public transportation.

Health & Wellness Programs

The agency offers free workshops to improve the health and well-being of both older adults and family caregivers. Workshops for seniors include Diabetes Personal Action Towards Health, A Matter of Balance, Chronic Pain Self-Management and Aging Mastery. Caregiver-specific workshops include Powerful Tools for Caregivers and caregiver-focused workshops.

Caregiver Coaching

The Caregiver Coaching Program matches people who are caring for an aging or disabled loved one with a compassionate, trained volunteer who will work with them one-on-one.





29100 Northwestern Highway, Suite 400 Southfield, MI 48034
Call 800-852-7795 or visit our website at aaa1b.org.

