

CHART 1- FOOD SPECIFICATIONS

Complete the chart below and submit attachments where indicated. This information will be used to evaluate and compare ingredients, quality, and portion sizes. Indicate N/A for items that are not used and wherever possible, indicate substitute products.

Organization Name: _____

Date: _____

List all food service suppliers for your establishment (i.e. Gordons, Sysco, US foods):	
PRODUCT SPECIFICATION	NUTRITION INFORMATION
Protein Specifications	Protein Specifications
Ground Beef, Bulk: _____ lbs	<input type="checkbox"/> 70/30 <input type="checkbox"/> 80/20 <input type="checkbox"/> 85/15 <input type="checkbox"/> Other (specify)
Pre-Cooked Hamburger Patty: _____ oz/ea	_____ gm Protein, _____ gm Fat, _____ mg NA(sodium)
Pre-Cooked Chicken Patty: _____ oz/ea	_____ gm Protein, _____ gm Fat, _____ mg NA(sodium)
Boneless Skinless Chicken Breast: _____ oz/ea	_____ gm Protein, _____ gm Fat, _____ mg NA(sodium)
Turkey Breast _____ oz/ea	_____ gm Protein, _____ gm Fat, _____ mg NA(sodium)
Pork Loin _____ oz/ea	_____ gm Protein, _____ gm Fat, _____ mg NA(sodium)
Pork Chop (bone-in or boneless): _____ oz/ea	_____ gm Protein, _____ gm Fat, _____ mg NA(sodium)
Dairy	Dairy
Milk: _____ oz / container	% Fat: _____, _____ gm Carb
Yogurt: _____ oz / container	Brand: _____ Supplier: _____
Fats	Fats
Margarine or Butter Pads:	Size: _____ g
Gravy: Dry, canned, or homemade?	Brand: _____, _____ mg NA(sodium) per 2 oz serving
Vegetables (list a few examples of each)	Attach recipe for gravy: canned, dry, and/or scratch
Fresh:	Vegetables
Canned:	Supplier (for fresh): _____
Frozen:	Sodium (NA) for canned: _____ mg per ½ cup
Mashed Potatoes: Dry, frozen, or scratch?	Sodium (NA) for frozen: _____ mg per ½ cup
Fruits (list a few examples of each)	Attach recipe for mashed potatoes
Canned Fruit:	Fruits
Fresh Fruit:	Pack Type: _____ (i.e. water, juice, light syrup)
Frozen Meals (FM)/Entrees	Supplier (for fresh): _____
Are frozen meals prepared from scratch cooking? <input type="checkbox"/> Yes <input type="checkbox"/> No	Frozen Meals (FM)/Entrees
Brand/Supplier for FM if purchased:	<i>If purchasing FM from a food-service supplier, attach a menu and complete nutrition analysis for 3 different meals</i>
Shelf Stable Meals	<i>Attach product features of convenience frozen food items (i.e., stuffed peppers, lasagna, chicken tenders, etc.)</i>
Source/Brand:	Shelf Stable Meals
Liquid Meal Supplements	<i>Attach a 3-day menu with complete nutrition analysis</i>
Brand:	Liquid Meal Supplements
	List Products: _____

Notes: