

Resources You May Not Know About



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Community Programs & Services

Kelly Elswick
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Area Agency on Aging 1-B



Home Maintenance and Repairs



- ***Christmas in Action and Rebuilding Together Oakland County***
 - Volunteers provide free home repairs the last Saturday in April. Services can include: Roofs, flooring, grab bars, furnaces, hot water heaters, painting, plumbing, electrical, carpentry and ramps.
 - Must meet income eligibility, own their home, be current on the mortgage and taxes, and have homeowner's insurance.
 - Assistance may be offered throughout the year, depending on volunteer availability.

Low Cost Dental



- Colleges and Universities: Dental students provide oral health care and treatment under direct supervision. Fees are generally 30-50% less.
- Community Clinics/Centers: Offer free or low cost basic preventative and restorative dental care to low income individuals who do not have dental insurance.
- Donated Dental Services: Provides comprehensive dental care services including root canals, oral surgery and dentures.

Assistive Technology



- ***Hearing Aids***
 - Several programs offer free or low cost hearing aids. Eligibility varies based on the organization.
- ***CapTel Phones***
 - Offered at no cost through OEI.
 - Phones allow the individual to listen to the call, as well as display every word the caller says throughout the conversation on a display window.
- ***Communications Technology***
 - Offered at no cost for people who have combined hearing and vision loss.
 - Equipment includes braille devices, computers, mobile phones, landline phones, signalers, and accessories.

Senior Project Fresh



- Available to seniors age 60 and older, whose total household income does not exceed 185% of poverty.
- Provides ten \$2.00 coupons to purchase unprocessed, Michigan grown produce from local farmers between June 1-October 31 of each year.
- Must apply through the designated county agency between June 1-September 30th each year.

Telephone Based Programs



- ***Senior Center Without Walls:*** Free telephone based program that offers over 70 activities to adults age 60 or older. Activities include education, friendly conversation, classes, support groups and presentations.
- ***DOROT:*** Offers lifelong telephone and/or online based learning programs on arts, history, current events, games, holidays and more. Also offers telephone based caregiver support groups.

Judy Rathburn, Mobility Specialist



***Connecting Seniors &
Adults with Disabilities to Rides***

www.myride2.com

855-myride2 (697-4332) toll free

Overview

- Available in Oakland, Macomb and Western Wayne counties
- One Call One Click
- Toll-free phone line- multilingual
- Interactive web site – can search for providers, request a ride, get information
- Assist with ADA applications
- ❖ Does not provide transportation



What is Mobility Management?

- Focus on individual
- Focus on whole trip
- Centralized information
- Person Centered
- Incorporates: Driving education, awareness and cessation information; public, private and volunteer transportation options; travel training
- “One-stop-shopping” for mobility needs



WHY?

- Mobility is crucial to maintaining quality of life
- By 2030, one in five motorist will be age 65 or older
- Mobility decisions are as unique as the individuals involved—there is no “one size fits all” solution

Our goal is to help seniors drive as long as safely possible and/or transition to mobility options when driving is no longer an option

Most of us will outlive our ability to drive by 7-10 years!



Connecting Seniors & Adults with Disabilities to Rides

Call Us to Request a Ride



Toll-Free!
1-855-myride2
1-855-697-4332

We are multilingual!

Click here to email us with questions or feedback



Home

myride2.com helps seniors and adults with disabilities in Oakland, Macomb and western Wayne counties in Michigan find transportation. Need a ride? We'll help you coordinate your transportation options.

Click here for Driving Tips and How to Help an Older Driver

Click here to Learn about Mobility Management

Click Here for Information on SMART and Bus Schedules

Click here to Learn about the Regional Transportation Plan

Register for Classes

FAQs & Glossary

New Travel Training Service

Learn how to use public transportation

What is a "connector" bus?

Do I qualify for these services?

How do I access these services?

Fixed Route?

ADA service?

Find a Ride Provider

Search here for transportation providers in your area. You will get a printable list of options and details on the services provided. You can contact providers directly, or call us at 855-myride2 (855-697-4332) with any questions, or to help you schedule a ride.

Learn how to use public transportation

What is a "connector" bus?

Do I qualify for these services?

How do I access these services?

Fixed Route?

ADA service?

Join us at one of our FREE travel training classes. Click [here](#) to see class locations, dates, and register for a class.

About the Training

The program is designed for first time and returning riders who need assistance using public transportation in Oakland, Macomb and Western Wayne Counties. One-on-one assistance is also available as needed. The class is designed for older adults + adults with disabilities. Classes are approximately 2 hours, and refreshments are served.

Increase your independence with the ability to travel when and where you choose, use public transportation with confidence, and keep active in your community. Our travel training program teaches participants the fundamental skills needed to travel independently and how to navigate community, connector, ADA and fixed-route buses.

Travel Training is a great tool for improving or maintaining your ability to get where you need to go for older adults and adults with disabilities.

Come join us at one of our Free Classes. Click [here](#) or give us a call for more details.



Search here for transportation providers in your area. You will get a printable list of options and details on the services provided. You can contact providers directly, or call us at 855-myride2 (855-697-4332) with any questions, or to help you schedule a ride.

Zip Code for Service

Find

Special Needs

- Door to Door [?](#)
- Curb to Curb [?](#)
- Door through Door [?](#)
- Wheelchair Accessible [?](#)
- Non-Profit / Community Trans [?](#)



About Us

myride2



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Adults with Disabilities to Rides***

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MMAP

**JENNY JARVIS
CHIEF STRATEGY OFFICER
AREA AGENCY ON AGING 1-B**

MMAP

Medicare Medicaid Assistance Program

- A free, unbiased, health-benefit counseling service provided to Michigan residents
- Goal is to help Michigan's Medicare beneficiaries find their way through the Medicare health benefits maze
- State wide program offered through Area Agencies on Aging

HOW DOES MMAP HELP

- Understand Medicare (turning 65)
- Compare or enroll in Medicare Prescription Drug Coverage
- Review your Medicare supplemental insurance needs (Medigaps)
- Understand Medicare Advantage Plans
- Apply for Extra Help or a Medicare Savings Program
- Identify and report Medicare and Medicaid fraud and scams

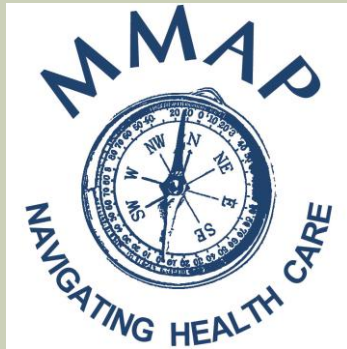
MEDICARE OPEN ENROLLMENT

- **Telephonic counseling on Medicare coverage**
- **Area Agency on Aging 1-B Medicare Assistance Days**
 - Make one-on-one appointment with a MMAP counselor
 - Refer to list of events in handout
- **Appointments also available at various community locations**
 - Refer to list of locations in handout

CALL MMAP

800-803-7174

For telephonic counseling or to make
a one-one one appointment





SENIORS *Helping* SENIORS®

... a way to give and to receive®

Nikki Puroff-Main
Community Liaison

Knowing When to Get Help

- **Interest in Daily Activities**
- **Stimulation & Conversation**
- **Memory**
- **Mood**
- **Health / Medications**
- **ADL's (Activities of Daily Living)**
- **Transportation**
- **Meal Preparation**
- **Respite**



What is Private Duty? (In Home Care)



Benefits of In-Home Care

- **Make things easier**
- **Reduce stress**



SENIORS *Helping* **SENIORS**[®]
...a way to give and to receive[™]



Questions?